



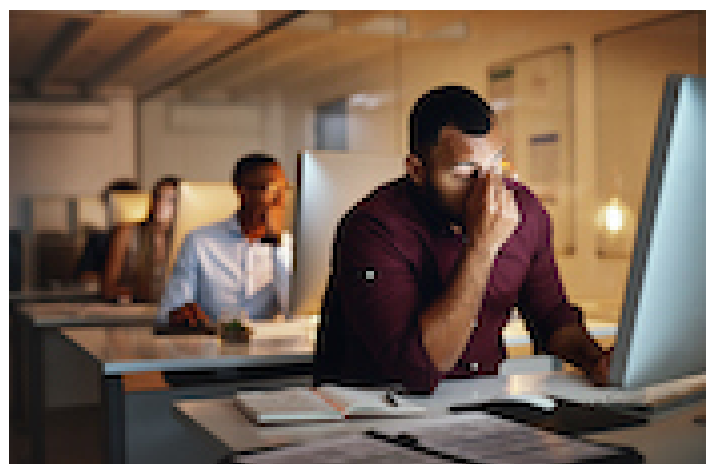
Back-to-School Health | Fall Allergies
Screen Time and Eye Strain | Trigger Finger



Back-to-School Health: ABCs for Parents

You have probably started shopping for school supplies and reviewing team sports schedules. But just as important as coordinating the carpool is setting your children up for good health and wellness when school begins. Take notes on the health ABCs that will keep kids of all ages healthy, safe, and productive.

[Learn More](#)



Too Much Screen Time:
How Devices Impact Your
Eye Health



Fall Allergies are in Bloom:
Start Preparing Now



Understanding Trigger
Finger: Q&A with a Hand
Surgeon

"I have been seeing Dr. Ricardo Camacho for my annual check-up for quite a number of years. He is an excellent doctor... not only in expertise, but in manner. I find it very comfortable to talk to him and discuss various things concerning my health. Although very professional, he has a very pleasant sense of humor. As far as the office and staff... all top-notch."

~ A Summit Health internal medicine patient



August is National Immunization Awareness Month

Are you up to date on your vaccines?
Schedule your primary care appointment
today.

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